



Aboriginal Family Support Services
Together with the community

Community Safety & Wellbeing

Healthy Homes Resilient Families Routines & Rules



Let's get together and learn about setting rules and routines in the home!

Children do best when routines are regular, predictable and consistent.

Routines and Rules is a workshop where you'll learn helpful information on why routines need to be part of your everyday life. There are a number of workshops and you'll find heaps of useful information about:

- How to identify the challenges in family life
- The importance of routines to help family life run smoother
- How to develop routines for areas that have specific challenges
- How to support and promote children through good communication
- How to establish rules that will help to provide positive outcomes for your family.

Creating the right routine to suit your family is the trick!

Contact the AFSS Community Safety and Wellbeing team if you think this program is just what you need to grow a healthy family.

AFSS' Community Safety and Wellbeing team facilitate workshops across South Australia and provide a culturally safe and friendly environment.

Contact us on:

Wingfield
1 Corner South & Grand
Junction Road - 8281 5440

Mount Gambier
20 Elizabeth Street
8723 6110

Port Augusta
8-10 Victoria Parade
8641 0907

Port Lincoln
21 Washington Street
8683 1909

Coober Pedy
Lot 1991 Aylett Street
8672 3066



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