

AFSS workshops

Our workshops provide a better understanding of gambling related issues:

- Problem Gambling - provides an overview to help understand the types of gambling, its impacts and what we can do.
- Stop the chase - dispels the common beliefs and develops a realistic understanding.
- Deadly choices - identifies warning signs and looks at ways the gambler can take positive steps to overcome the urge or need to gamble.
- What am I really gambling with? - explores gambling effects on self and others. Looks at supports and strategies.
- Gambling and the workplace - raises awareness of the issues with employers and employees and explores helpful strategies.
- Problem gambling for Aboriginal people - helps hotels and clubs understand the gambling issues facing Aboriginal people.
- Online Gambling - helps you to understand online gambling, the impact and risks of online gambling, identify ways to stay safe and identify barriers to seeking help.
- Youth Gambling - helps you to identify what gambling is (including the range of gambling forms), understand the odds of winning, the risks of gambling, identify warning signs and possible harms and know how to access help.

Where to find us

Adelaide

📍 134 Waymouth Street
Adelaide SA 5000
☎ 8205 1500

Berri

📍 23 Denny Street
Berri SA 5343
☎ 8582 3192

Ceduna

📍 28 Poynton Street
Ceduna SA 5690
☎ 8625 3466

Cooper Pedy

📍 Lot 1991 Aylett Street
Cooper Pedy SA 5723
☎ 8672 3066

Cross Road

📍 503 Cross Rd South
Plympton SA 5038
☎ 8297 5708

Mount Gambier

📍 20 Elizabeth Street
Mt Gambier SA 5290
☎ 8723 6110

Morphett Vale

📍 Unit 1 - 365 Main South
Road, Morphett Vale
SA 5162
☎ 8186 4000

Murray Bridge

📍 67 Adelaide Road
Murray Bridge SA 5253
☎ 8532 1790

Paralowie

📍 254 Kings Road
Paralowie SA 5108
☎ 8281 5440

Port Augusta

📍 8 -10 Victoria Parade
Port Augusta SA 5700
☎ 8641 0907

Port Lincoln

📍 21 Washington Street
Port Lincoln SA 5606
☎ 8683 1909

Port Pirie

📍 23 Norman Street
Port Pirie SA 5540
☎ 8632 2227

Salisbury

📍 4 Ann Street
Salisbury SA 5108
☎ 8182 6567

Salisbury

📍 20 Ann Street
Salisbury SA 5108
☎ 8281 3440

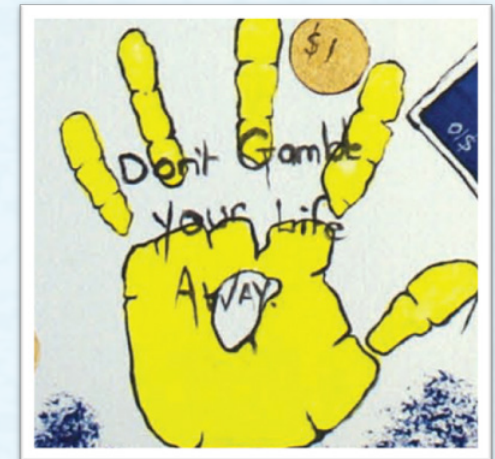
Whyalla

📍 19B Darling Terrace
Whyalla SA 5600
☎ 8644 0116



Aboriginal Family Support Services
Together with the community

Aboriginal Gambling Help Service



Do you

- Spend more money than you can afford?
- Constantly worry about not paying bills on time?
- Keep wanting to stop gambling but can't?
- Try to cut back your gambling but it just doesn't seem to be working?
- Worry about where all the money has gone?
- Want someone to talk to about your concerns?



Contact an AFSS office in your location for further information or to talk to an AFSS Gambling Support Worker.

Would you like to

- Learn how to control your money better?
- Put things in place to help you get your bills paid on time?
- Learn some new skills to help you change your gambling habits?
- Learn some new strategies to cut back on the money you spend on gambling?
- Learn how to be smarter with your money and time?
- Access some one-on-one and group support?
- Have advocacy and referral support?

Here's how

The first step is to make contact with an AFSS Gambling Support Worker in your region for an appointment that can help change your life for the better.

Berri - Rhett Colls

☎ 0439 085 591

✉ rhett.colls@afss.com.au

Port Augusta - Russell Coulthard

☎ 0409 996 222

✉ russell.coulthard@afss.com.au

Port Lincoln - Anna Angus

☎ 0428 329 972

✉ anna.angus@afss.com.au

Murray Bridge - Nicole Rhodes

☎ 0418 499 649

✉ nicole.rhodes@afss.com.au



You may also want to consider attending an AFSS gambling workshop for confidential assistance and support. See over for more details.

*Don't hesitate
it's your call!*