



# Aboriginal Family Support Services Newsletter

May - June 2021

## National Foster and Kinship Care Conference

The National Foster and Kinship Care Conference was held virtually on Friday 11 and Saturday 12 June 2021. This year, AFSS was a proud Silver Sponsor which was acknowledged on the conference website; our carer video conveying the importance of cultural connections was also uploaded, to enrich the knowledge of our community on the importance of connecting to culture. AFSS also provided public online resources about our organisation and our Foster Care Services program.

There were many highlights throughout the 2-days, and we are fortunate to have ongoing access to the online portal for information and resources for 3-months. There was so much to learn, especially around childhood trauma, disability and development, education and care, and advocating for children and young people – to name a few.

AFSS carers provided very positive feedback around how informative the conference was, and highlighted that they enjoyed the carer break-out rooms, the information provided by Shanna White (Cognitive Behavioural Education (NSW)) particularly around Foetal Alcohol Spectrum Disorders (FASD) including other

**NORTH**  
14 JULY / 9-11am  
Morella Community Centre  
90 Kings Rd, Parafield Gardens

**SOUTH**  
14 JULY / 6-8 pm  
Neporendi, 7 Vine St  
Old Reynella

COME FOR A CUPPA  
AND A CHAT!

## FOSTER CARE INFORMATION SESSION

Aboriginal Family Support Services will be hosting an information session and we welcome you to come along for a yarn about how you can become a Foster Carer!

Yes... you will meet some of our friendly staff  
Of course... catering will be provided  
Most definitely... there will be tea and coffee

For more information about our current and upcoming sessions please call our Foster Care assessment team on **8205 1518** or email us at [assessments@afss.com.au](mailto:assessments@afss.com.au)

All our Foster Care Information Sessions are child friendly. Due to Covid restrictions, registrations of interest are preferred.

Aboriginal Family Support Services  
Together with the community

[www.afss.com.au](http://www.afss.com.au)  
find us on facebook

disorders and trauma-related behaviours. It was also enriching when guest speakers related their own personal experiences throughout the topic discussions. Carers also mentioned how they enjoyed refreshing their pre-existing knowledge and understanding from their journeys as foster carers. Overall, the conference was a fantastic opportunity to engage and learn with the community and guest speakers. What a great event for our organisation and AFSS carers to be part of.

## A message from the Chief Executive

We are getting well into the colder months of winter, and I hope you are all staying warm and finding some ways to keep your family and children in care occupied throughout.

National Reconciliation Week was held from 27 May to 3 June and the motto this year was 'More than a word'. It was great to see staff and carers finding activities to celebrate the week. AFSS staff were lucky enough to attend the Reconciliation Breakfast at the Convention Centre, which had some great performances, speeches and insight into how we can all work together to generate respectful relationships.

Our Foster Care staff also had a chance to set up a stall at the Tauondi College Reconciliation event to help promote AFSS services and also generate interest for Foster Care. Our team have been working together in order to develop strategies to increase interest and exposure towards Foster Care, so that families are more inclined to enquire, or follow through with their initial ideas of wanting to become carers. Our aim is to close the gap and ensure Aboriginal children can be raised in a loving, safe and healthy environment, while being connected to community and culture.

NAIDOC week is also coming up, so keep a look out and make sure you attend some of the local events in your area. AFSS will be holding a stall at the NAIDOC Family Day at Tarndanyangga/ Victoria Square, so if you get the chance, come along and say hi to our team.



*Sharron Williams  
Chief Executive*



[www.afss.com.au](http://www.afss.com.au)

HEAL COUNTRY!  
4-11 JULY 2021

www.afss.com.au

Come and join us for a fun day!

stalls  
activities  
Elders Tent  
raffles  
music  
performances

**NAIDOC**

**Family Fun Day**

Come along and celebrate NAIDOC week at the Family Fun Day. We would love for you to join us in the march. The march starts in Victoria Square / Tarntanyangga at 11am. AFSS will be hosting the Elders Tent, so come and say hi, grab some food and have a coffee. Come to the AFSS stall and get yourself a FREE 'Winter Warmer' raffle ticket (drawn at 2pm)

Friday 9 July      Victoria Square / Tarntanyangga

## In this Issue

Sorry Day - Port Lincoln  
**page 4**

Community of Practice  
Gambling Help Service  
**page 6**

Reconciliation in the  
West  
**page 9**

Around the Houses  
**page 11**

Upcoming CS&W  
Programs  
**page 12**

Boomerang Design  
Competition  
**page 17**

Children's Day  
Registration Form  
**page 19**

## National Reconciliation Week

### National Sorry Day - 26 May

AFSS acknowledge the anniversary of the handing down of the Bringing them Home Report and offers our support to the many Aboriginal and Torres Strait Islander people and their families affected by the policies of forced removal of Aboriginal children and young people from their families, culture and community.

### Reconciliation Week - 27 May to 3 June

We also acknowledge Reconciliation Week that marks two very important anniversaries: significant changes to the Australian Constitution in 1967 and the historic Mabo Decision that recognised land ownership and rights for Aboriginal and Torres Strait Islander people across Australia and the Torres Strait Islands.



## Minister for Department for Human Services visits AFSS Port Augusta

On 26 March AFSS Port Augusta office had the Minister for Department for Human Services, the Honourable Michelle Lensink visit. All staff were able to meet and discuss current programs being delivered by AFSS to the community. AFSS staff all had a lovely afternoon with Minister Lensink and appreciated the time that was taken to visit the AFSS office.

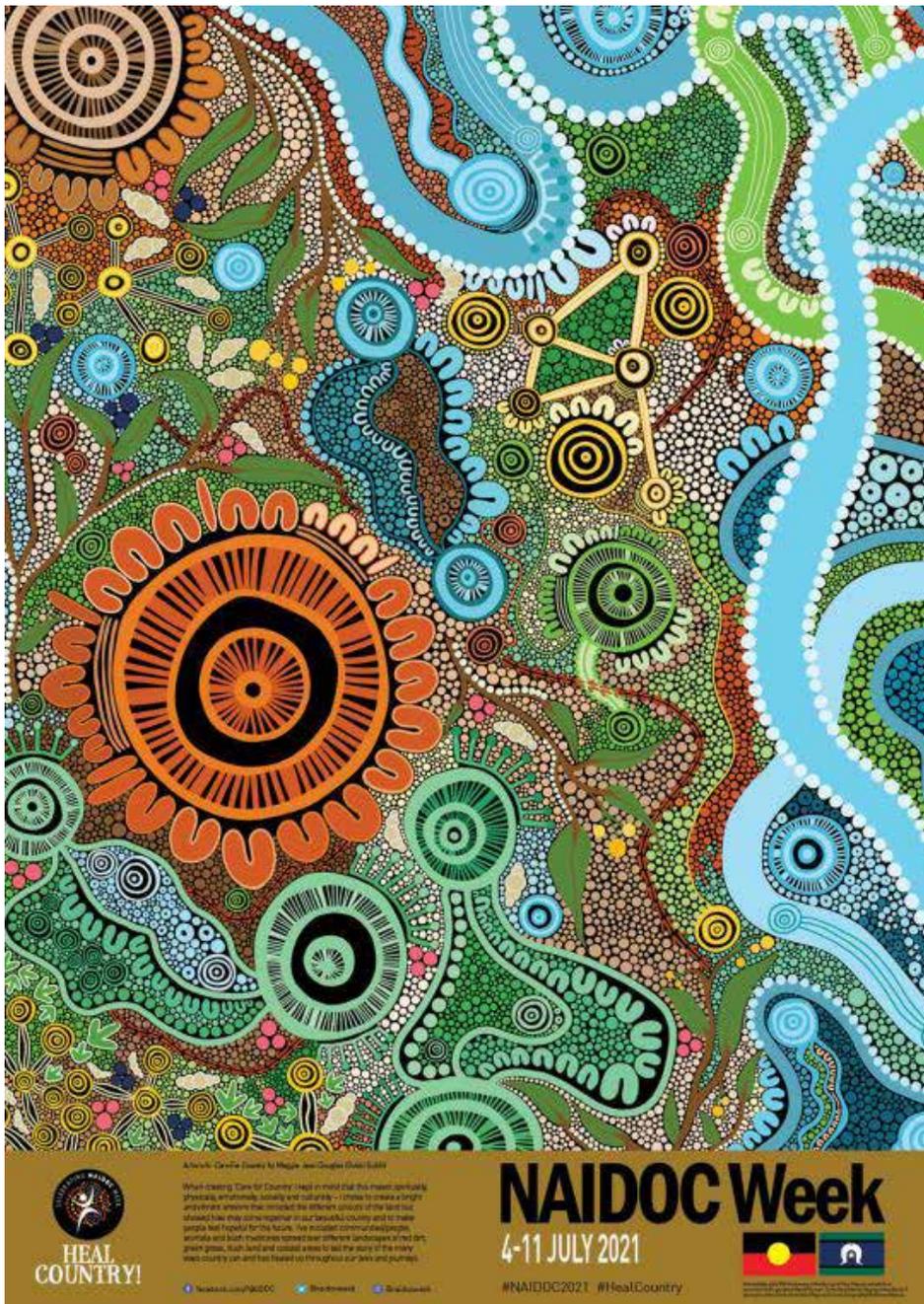


*L to R Leonie Baxter, Sarah Willis, Leah Smith, Russell Coulthard, Kristy Press, Margaret Stuart, Hon. Minister Lensink, Kerry Dadleh, Fiona Stanley and Darlene Allen.*



## Sorry Day in Port Lincoln

On 26 May, AFSS Port Lincoln was invited to attend the Kirton Point Primary School and join the community in acknowledging National Sorry Day. Teachers, family, friends and staff from local support agencies accompanied the students who carried streamers and balloons in a walk to mark the occasion. This was followed by a short talk from local Elders and a shared lunch and yarning at the Port Lincoln Children's Centre, which operates the kindy for Aboriginal children in Port Lincoln. The students enjoyed time listening to stories and sharing what National Sorry Day means to them. Allison Stronger Families and Chloe Family Based Care.



## Dates to Remember

### NAIDOC WEEK SOUTH AUSTRALIA

**Sunday 4 July @ 6pm**

Ecumenical Church at Uniting Pilgram Church

**Monday 5 July @ 12 pm**

State Awards at Adelaide Convention Centre

**Friday 9 July @ 11am**

March at Tarndanyangga/ Victoria Square

**Friday 9 July at 12 pm**

Family Day at Tarndanyangga/ Victoria Square

**Saturday 10 July 6pm**

Gala Dinner at Hilton Hotel

### CREATE FOUNDATION NAIDOC WEEK

**Wednesday 7 July**

Noarlunga Recreation Centre. Facepainting, music, balloon twisting, henna art, NAIDOC Badge making, arcade games and jumping castles for the little ones. To book in please email or phone Fabian McPhee:

fabian.mcphee@create.org.au  
8212 8898

### BINGO - BINGO - BINGO

**Thursday 22 July @ 1- 3 pm**

Shop 13 Harwill Court 3/5 Eyre Street Port Lincoln

For more information please contact: Renae:

0428 326 557 or  
Anna: 0428 329 972



## SAVINGS near and far!

Get a **FREE Upgrade to Multi City** and go into the draw to **WIN** a holiday! Enjoy incredible offers over the **school holidays** and beyond.

BUY  
SINGLE CITY  
MEMBERSHIP  
**\$69<sup>99</sup>**

GET  
UPGRADED TO  
MULTI CITY  
~~\$119<sup>99</sup>~~

**SAVE  
\$50**



Join now

To support AFSS and buy the latest Entertainment Book please click the following link: <http://admin.entertainmentbook.com.au/orderbooks/9x50254>



# Office for Problem Gambling - Aboriginal Gambling Help Services Stakeholders Consultations

The workshop was held in Adelaide and facilitated by Dana Shen. It was very good as it gave all Aboriginal gambling services from the country and Adelaide a chance to share information about their programs and what works and where some improvements are required.

The workshop looked at whether Aboriginal communities are getting the right information on gambling harm and how the Aboriginal gambling help services deliver this information.

Participants suggested that there should be workshops to share information around gambling harm and invite local Aboriginal and non-Aboriginal services to attend and talk about gambling

harm, mental health and alcohol and other drugs. These were just some of the issues that could occur, along with gambling, and that can impact on the individual and family members as well.

Some discussion focused on venues and their role in sharing the right information to Aboriginal people, how Aboriginal gambling help services can assist venue staff and how venues can refer patrons to Aboriginal gambling help services. Participants also shared information on how they communicate with Aboriginal community members about gambling, and the harmful impacts of gambling, so they can better understand the services provided by gambling help services.

A discussion also focused on how to deliver gambling harm information to primary and high school kids, to make them aware that gambling can start at a young age through video games at home and so there was a need to educate young people and their parents, so gaming doesn't lead to gambling issues down the track.

Overall, it was great workshop sharing information with other Aboriginal services and looking at options for getting the right information about the harmful effects of gambling out to Aboriginal communities.

**Alban Kartinyeri, Gambling Support Worker, AFSS Berri**

Dana was engaging right from the start, with an emotional Welcome to Country and a brief background of the significant land we were meeting upon. Dana took us through an extensive brainstorming day and it was quite refreshing to have other gambling workers from other agencies working together for the same cause at the same table. Great networking opportunities were had by all at this workshop, which really brought everyone together to be on the same page with how we could work together on this community issue. I am very interested to hear what outcomes, summary and suggestions Dana will provide as a result of this workshop. I am sure we will all benefit from her professional facilitation when this is available.

**Bronte Warneke, Gambling Support Worker, AFSS Murray Bridge**



To find out more about AFSS Aboriginal Gambling Help Service, visit the AFSS website, [www.afss.com.au](http://www.afss.com.au) or ring the Gambling Help Service staff member in your region:

**Berri/Barmera** - Alban Kartinyeri - 0439 085 591

**Port Augusta** - Russell Coulthard - 0409 996 222

**Port Lincoln** - Anna Angus - 0428 329 972



The Office for Problem Gambling (OPG) recently hosted a Community of Practice 2021, 'Thinking Together' event in Adelaide. The Communities of Practice event was an opportunity for services to 'think together' and propose strategies to coordinate better delivery of service and ensure a strong and sustainable workforce by increasing the uptake of evidence based practices which align with professionals standards.

Rory Spreckly, Manager of the Office for Problem Gambling and Statewide Program – Department of Human Services SA, hosted the event and Isaac Hammond performed Welcome To Country.

A range of information sessions were delivered to the group

covering the following topics:

- Updates regarding the OPG's recent consultation activity relating to gambling harm and the next proposed steps.
- News from Consumer and Business Services about changes to the legislative and regulatory context and;
- Emerging and innovative practice in raising awareness and treating gambling harm.

Professor Paul Delfabbro University of Adelaide – School of Psychology presented research on gambling harm and help seeking from the South Australian context. Research indicated that at least 60% of gambling revenue is derived from gaming machines, 72% of gambling problems are caused by gaming machines and gambling problems in males have increased.

Uniting Care Bowden Unplugged program also delivered a short presentation, discussing the link between gaming and gambling and supports that are available for parents, children and services.

Dana Shen also presented findings from a recent stakeholder consultation regarding Aboriginal people and gambling harm. The research findings found common themes amongst Aboriginal people as to reasons why they gamble.

We were also very fortunate to have Mr Dini Souili – South Australia's Commissioner for Consumer Affairs Liquor & Gambling attend the meeting.

**Angela Fee – Manager AFSS  
Port Lincoln**



*(Pictured from left to right) Rory Spreckly, Manager OPG, Darlene Allen – Manager Port Augusta, Angela Fee – Manager Port Lincoln, Russell Coulthard – GHS Port Augusta, Anna Angus - GHS Port Lincoln, Bronte Warneke – GHS Murray Bridge, Glenn Kerrigan – Senior Manager Regional services, Alban Kartinyeri – GHS Berri.*

# Reconciliation Week Breakfast

AFSS employees attended the annual Reconciliation Week (NRW) Breakfast at the Adelaide Convention Centre. What a wonderful experience to come together and celebrate a significant week in our country.

This year's theme is 'More than a word', and it was moving to hear how we as a community, can bring forward actions of the journey in building respectful relationships between First Nation peoples and the broader community within Australia.

Not only did this event discuss how we, as a nation, can create movement and have impact within our country; we were able to experience and learn about Aboriginal and Torres Strait Islander history and culture through the guest speakers and presenters.

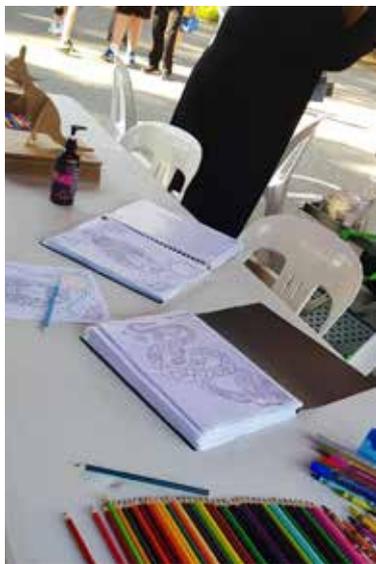
We have some photos to share from the morning

- A Welcome to Country by Uncle Mickey O'Brien who is a Senior Aboriginal Man - a descendant of the Kaurna and Narrunga.
- A breathtaking performance of the didgeridoo, by Allan Sumner who is a descendant of the Ngarrindjeri, Kaurna and Yankunytjatjara.
- Ellie Lovegrove who is a proud Ngarrindjeri woman recognised from her time on The Voice, and Tony Minniecon who is an Aboriginal and Torres Strait Islander man from the Sunshine Coast Queensland and the lead singer of Sound Factory. They performed a song in relation to the significance of closing the gap – called 'The Truth'.



# Reconciliation in the West 2021

On Thursday 27 May, AFSS supported 'Reconciliation in the West 2021' at Tauondi College. Our Foster Care Services program set up a stall where we offered colouring in of Aboriginal artwork activities for the children who attended, and proudly had a station where children had the Aboriginal flag tattooed on their face, hands and arms (the children absolutely loved this!). Our stall also had promotional material and information provided to the community, where the opportunity for many conversations about our organisation and the services we offer were had. AFSS staff also had the opportunity to connect with other services, and most importantly connect with the importance behind Reconciliation throughout the day. We took lots of photos, and have added some to share with you all!



A banner for National Reconciliation Week 2021. On the left is the Reconciliation Australia logo with the text '20 years of Reconciliation Australia'. In the center is a graphic with three stylized figures and the text 'MORE THAN A WORD RECONCILIATION TAKES ACTION -2021-'. On the right, it says 'National Reconciliation Week 2021', '27 May - 3 June', 'nrw.reconciliation.org.au', '#MoreThanAWord', and '#NRW2021'.



# Seeking a diversity of foster care applicants across South Australia!

Are you passionate about the future of Aboriginal children and young people?

- Are you supportive and understanding?
- Can you help keep young people safe in culture and community?

AFSS is seeking foster carers right across South Australia. We are looking for caring people just like you, who want to play their part in keeping Aboriginal children and young people safe within their community, and who can also provide a safe and loving home.

Fostering could be the greatest challenge you'll ever undertake, but the rewards can be many.

And AFSS is here to help you every step of the way.

The team at AFSS will stand with you, to guide you through the registration process, and support you once you become a foster carer.



For more information in regards to becoming a foster carer in your area, please contact one of AFSS team members below:

## **Adelaide**

**Pefer Dyer**

✉ assessments@afss.com.au  
☎ 8205 1500

## **Ceduna**

**Michelle Naylor**

✉ michelle.naylor@afss.com.au  
☎ 8625 3466

## **Cooper Pedy**

**Amanda Zelenko**

✉ amanda.zelenko@afss.com.au  
☎ 8672 3066

## **Murray Bridge**

**Rebecca Hansch**

✉ rebecca.hansch@afss.com.au  
☎ 8532 1790

## **Mount Gambier**

**Cheryle Saunders**

✉ cheryle.saunders@afss.com.au  
☎ 8725 6200

## **Port Augusta**

**Deb Merchant**

✉ deborah.merchant@afss.com.au  
☎ 8641 0907

## **Port Lincoln**

**Toni-Lee Miller**

✉ toni-lee.miller@afss.com.au  
☎ 8683 1909

<https://www.afss.com.au/carers-information>



## Around the Houses

The children in residential care have been spending lots of time outside over the last few weeks, helping to create garden beds and other outside projects.



A gorgeous 'We Are One' art wall created by the kids in care to celebrate their culture as well as Reconciliation Day and upcoming NAIDOC Week.

## Upcoming CS&W Programs July/August/September

Workshop	Where	When	Crèche	Facilitator(s)
Respect Sista Girls 2	Gabmindidi Manoo Children and Family Centre Corner Clutterbuck Street & Hincks Avenue, Whyalla	Tuesdays 27 July to 21 September 10am to 2:30pm	Yes	Fiona Stanley & Aimee Nixon 8641 0907
Circle of Security-Parenting	Gawler and District B-12 College Barnet Road Evanston	Tuesdays 27 July to 14 September 10am to 2pm	No	Tegan Whalan & Sarah Hagan 8254 1077
Healthy Homes Resilient Families – Growing up Healthy	Carlton Children's Centre Rupert Street Port Augusta	Wednesdays 28 July to 25 August 10am to 2pm	Yes	Fiona Stanley & Aimee Nixon 8641 0907
Healthy Homes Resilient Families – Routines and Rules	Carlton Children's Centre Rupert Street Port Augusta	Wednesdays 1 September to 8 September 10am to 2pm	Yes	Fiona Stanley & Aimee Nixon 8641 0907
Respect Sista Girls 2	Gawler and District B-12 College - Nunga Room Barnet Road Evanston	Wednesdays 28 July to 22 September 10am to 2pm	No	Sarah Hagan & Jodi Hutchinson & Tracy Miller 8254 1077
Respect Sista Girls 2	Burrandies Aboriginal Corporation 68 White Ave Compton	Wednesdays 28 July to 22 September 11am to 3pm	No	Dawn Cardona & Nartiea Morgan 8725 6200
Healthy Homes Resilient Families – Routines and Rules	Kirton Point Children's Centre 63 Stevenson Street Port Lincoln	Mondays 19 July to 26 July Fridays 23 July to 30 July Time TBC	No	Corey Slade 8683 1909
Healthy Homes Resilient Families – Growing up Healthy and Routines and Rules	Salisbury East Neighbourhood Centre 28 Smith Road Salisbury East	Thursdays 29 July to 16 September 10am to 2pm	No	Aimee Nixon & Sarah Hagan 8254 1077
Healthy Homes Resilient Families – Growing up Healthy	Ngura Yadurirn Children & Family Centre 2 Kelly Street Ceduna	Thursdays 2 September to 23 September 10am to 2pm	No	Corey Slade 8625 3466
Circle of Security-Parenting	Airdale Primary School Anzac Road Port Pirie	Thursdays 29 July to 15 September 10am to 2pm	Yes	Tegan Whalan 8254 1077
Circle of Security-Parenting	Ngura Yadurirn Children & Family Centre 2 Kelly Street Ceduna	Wednesdays 4 August to 22 September Time TBC	Yes	Corey Slade 8625 3466

Please contact the numbers listed for more info, or you can check out the summary of each program on our website - [www.afss.com.au/community-wellbeing](http://www.afss.com.au/community-wellbeing)



# CS&W Season for Healing



## What is Seasons for Healing?

Seasons for Healing\* is a small group education program supporting adults in the community who are dealing with the issues of grief and loss

## Who can attend?

You can choose to attend a Seasons for Healing program, or you may be referred to AFSS by another agency who thinks it might be helpful for you.

## What's in the program?

Seasons for Healing uses a relaxed and informal approach to create space for conversation and reflection. The program is run in small groups, for people who are all going through the same thing - dealing with grief and loss.

It uses the seasons as a way of supporting group members and helping them to understand and recognise their hurt, put a name to their feelings and find positive and helpful ways of responding to these feelings.



***"Our Aboriginal way has taught us to be still and wait. We do not try to hurry things up. We let them follow their natural course - like the seasons"***

\* The next Seasons for Healing program will be released soon

# Ceduna Office Renovations

When AFSS moved offices in Ceduna in June 2013, extensive renovations were done before the day. The office is located along the Ceduna main street and has four separate offices. These offices were lined with carpet. Due to wear and tear the carpets started to fray. On the first weekend in June, all carpets were replaced with vinyl tiles. Staff love the look and feel of the new flooring.



## What does RufUs do?

RufUs supports many charitable organisations including AFSS, by providing furniture and essential household items to the homeless and domestic violence clients of these organisations, as and when the clients are found suitable housing accommodation.

## In the beginning...

RufUs started out by providing food and clothing to a group of homeless people in the South Parklands of Adelaide on a Saturday morning. This was due to the Hutt Street Centre being closed on a weekend and the provisions provided by the RufUs volunteers were given to help tide members of the group over till the opening of Hutt Street on a Monday morning.

Often, among this group, was the son of the founder; and it was his presence that instigated the Saturday morning run. Incidentally, it was his nickname as a boy, 'Rufus', that gave name to the charity.

## 2010 and beyond

This was a landmark year in the life of the charity as it was then that it became a registered charity – The RufUs Charitable Trust. The small group of volunteers continued to provide food on a weekend, but also started sourcing household furniture for those lucky enough to find housing accommodation.

Other charities soon began to look to RufUs for furniture assistance, and within a short period of time RufUs had began helping over twenty other charities.

This rapid growth necessitated a restructuring. It was determined to forgo the weekend provision of food and concentrate on the supply of furniture and other household items.

In 2016 RufUs leased a large warehouse in Wingfield, where it is today, and in 2018 it transitioned to a public company – RufUs S.A. Limited.

## Today

RufUs is registered with the Australian Charities and Not-for-profits Commission ('ACNC') with Deductible Gift Recipient status ('DGR'); i.e. all donations to RufUs are fully tax deductible.

RufUs is the 'go to' place for charities when setting up their clients with housing accommodation. We are constantly seeking to improve our services and enjoy working with other charities such as AFSS.

Help is needed

Sadly, due to limited resources, we are only able to operate three days a week. With further monetary donations and additional volunteers we hope to expand the service to five days a week. Any help, no matter how small, is appreciated. You can visit the RufUs website at [www.rufus.org.au](http://www.rufus.org.au) or ring us on 0416 960 424 (Monday, Wednesday and Friday).

## AFSS and RufUs

RufUs is pleased to be able to work in conjunction with such great organisations as the AFSS group helping those less fortunate. We anticipate a long and fruitful partnership with the AFSS team in providing a service 'with hope and dignity' to the disadvantaged in our society.

Peter Jolley

Director

RufUs SA Limited



# Current and New Staff Updates



*Russell Coulthard, Gambling Support Worker, Port Augusta.*

Hi all, my name is Russell Coulthard and I am the new Gambling Support Worker in Port Augusta.

I am an Adnyamathanha man from the Flinders Ranges who was born and raised in Port Augusta for the majority of my life. I have spent time living in other places such as Adelaide, Leigh Creek, Copley and Hawker.

My hobbies include reading & playing Sudoku. I enjoy watching documentaries on Television and YouTube.

I love my sports especially football and cricket. The Adelaide Crows is the team I follow in the AFL. I recently retired from playing football and the last team I played for was the South Whyalla Demons.

I still play cricket and this year I played for both the West Augusta and Wilmington Melrose Cricket Clubs.

I'm a qualified Personal Trainer but need to get back into my health kick to lose weight and start feeling better about myself.

I have been working with DECD over the last 5 years in Port Augusta and wanted a change of scenery. I am looking forward to working with you all into the future.



*Joanne Koen, Practitioner, Foster Care Services.*

My name is Joanne Koen and in the last 3 months I have commenced in the new position of Practitioner, Foster Care Services.

I have extensive experience in areas of child protection, managing and supporting a variety of programs in the NGO sector over the past 20 plus years, both here in South Australia and in the UK. Most recently I have worked in the tertiary education sector as an Academic Teacher and Supervisor in Social Work.

Whilst in that sector I also was

a tutor and support to Aboriginal and Torres Strait Islander students embarking on their social work studies.

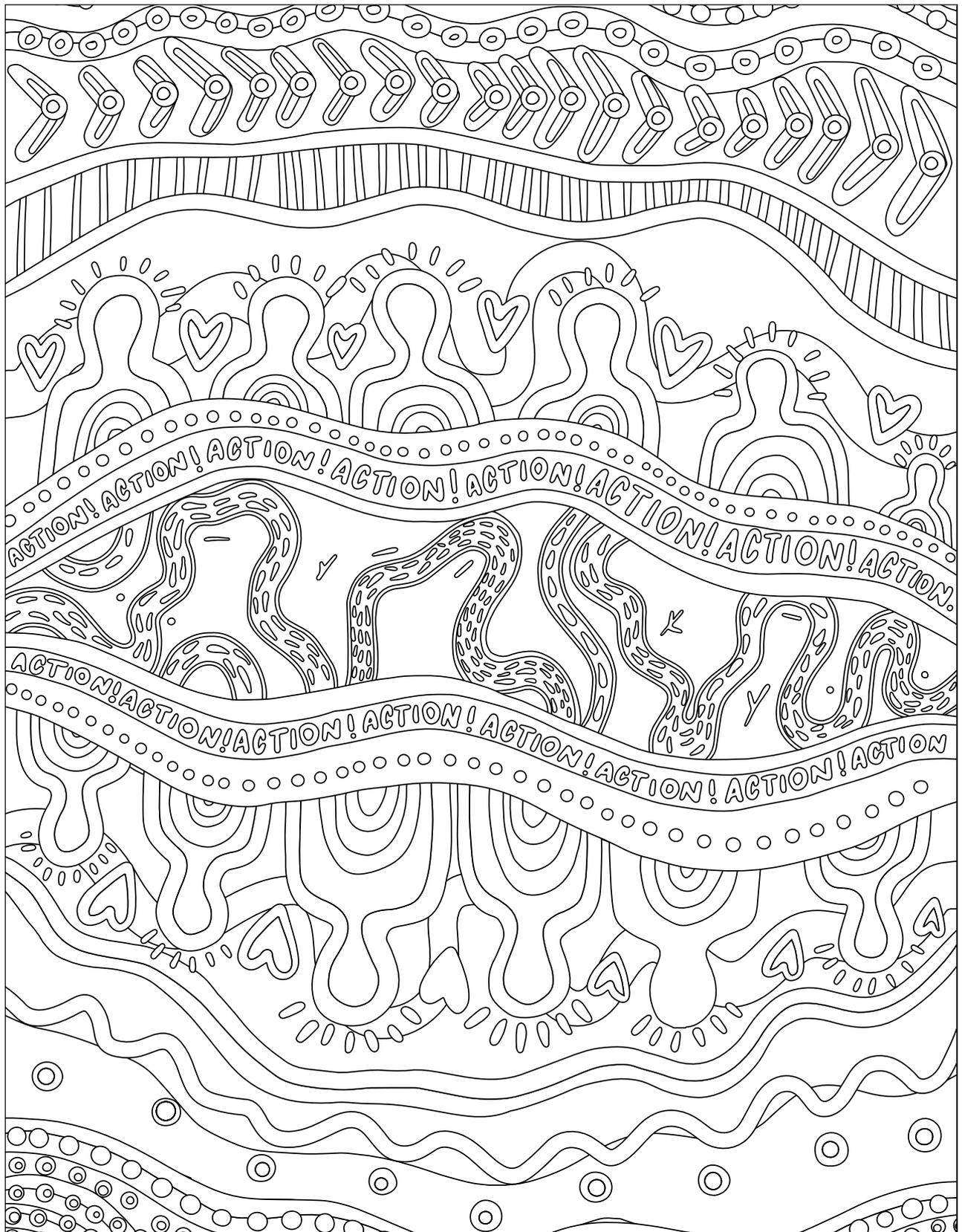
I enjoy working with teams and individuals to develop confidence, knowledge and greater practice skills. Central to my current role is supporting team and foster carers in their care and support of Aboriginal children in care.

I am a busy Mum of two active children and so most of my spare time is supporting local community sporting organisations. I love a walk by the ocean and getting out in nature whenever possible. I look forward to being a part of AFSS and continuing to support community.



# Colour for Reconciliation

Action by Jessica Johnson



**Action is the story of the land and community sharing the united call for action on reconciliation.**

Aboriginal and Torres Strait Island peoples have been listening to the heart beat of the land and sea for generations. With their rainbow shaped souls the spirits ask for us to join and make reconciliation more than a word, take action. We all have a role to play.



LAUREN



MADDY  
boomerangs,  
water represents  
the creek, the  
dots represent  
animals



ARIANNY:  
'It doesn't matter  
who you are, you are  
amazing & about my  
culture'

TYREESE  
'Because I'm Aboriginal &  
Ngarrendjeri'

Here are some examples of the gorgeous boomerang designs submitted by our children in care.





AFSS invites all children, young people, and their parents, carers and families to

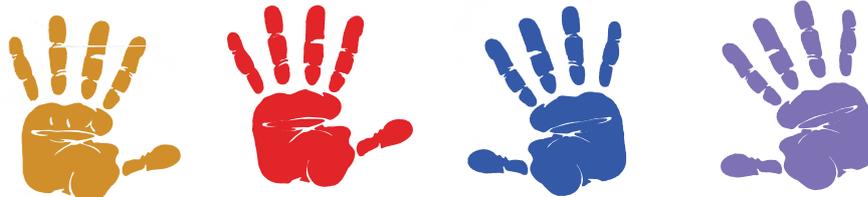
# Connection to Culture Children's Day

Friday 30 July 2021

10am - 3pm

Parafield Gardens Recreation Centre  
Martins Road & Kings Road  
Parafield Gardens

Proud in Culture - Strong in Spirit



FREE MORNING TEA - FREE TEA & COFFEE - FREE LUNCH

For more info please contact Barbara Falla, Cultural Officer  
Aboriginal Family Support Services - Phone: 8205 1521 Mobile: 0423 050 886  
Email: [barbara.falla@afss.com.au](mailto:barbara.falla@afss.com.au)

Featuring entertainment for kids and adults alike:  
Petting Zoo | Weaving | Painting | Craft | Boomerang making  
Playdough making | Dreamcatcher making | Face painting  
Balloon twisting | Henna tattoos | Seated  
massage | Jumping castle and more!

Also featuring :

Country Freedom Band | Dusty Feet Mob  
Karrl Tamaru | Tal Kin Jeri Dance Group



Aboriginal Family Support Services  
Together with the community



# Registration of Interest Form

## Stalls/Activities/Performance

There are still currently a few spaces left for stalls, activities and performances. Please fill out the form below, if wish to apply and return to Barb. You can download the PDF version and send through by clicking on the following link: <https://www.afss.com.au/connection-to-culture>

Organisation:
Contact person:
Phone number:
Address:
Email:
What child focused activity will you bring to the event with your stall?
Type of Activity:
Any other information - requirements:



**Each stall will be equipped with 1 trestle and 2 chairs**

Please return this completed form to: Barbara Falla, Cultural Officer - Aboriginal Family Support Services  
Phone: 8205 1521 Mobile: 0423 050 886 Email: [barbara.falla@afss.com.au](mailto:barbara.falla@afss.com.au)



## Where to find us

### Adelaide

134 Waymouth Street  
Adelaide SA 5000  
☎ 8205 1500

### Berri

23 Denny Street  
Berri SA 5343  
☎ 8582 3192

### Smithfield

39a Anderson Walk  
Smithfield SA 5114  
☎ 8254 1077

### Cross Road

503 Cross Roads  
South Plympton SA 5038  
☎ 8351 2661

### Ceduna

28 Poynton Street  
Ceduna SA 5690  
☎ 8625 3466

### Coober Pedy

Lot 1991 Aylett Street  
Coober Pedy SA 5723  
☎ 8672 3066

### Mount Gambier

68 White Avenue Compton  
Mt Gambier SA 5291  
☎ 8725 6200

### Murray Bridge

67 Adelaide Road  
Murray Bridge SA 5253  
☎ 8532 1790

### Port Augusta

8-10 Victoria Parade  
Port Augusta SA 5700  
☎ 8641 0907

### Port Lincoln

21 Washington Street  
Port Lincoln SA 5606  
☎ 8683 1909

# Foster and Kinship Care Tips

## PACE Based Parenting Approach

### Playfulness

Playfulness means creating an atmosphere of interest and fun using a light tone of voice, as in story telling. When effective, the child's brain will trigger chemicals engendering trust and enabling them to feel safe with the adult.



eg: After a child drops a glass of milk and it breaks, to say 'Whoops, lets clean this up together...let's not cry over spilt milk!'

### Acceptance

Unconditional acceptance is at the core of the child's sense of safety to know that they are loved and accepted without judgement underneath any outward behaviour. Whatever the problem is at hand, it is important for the adult to ensure that the child knows that you will support them.

Example: That did not go well, so let's try again and let's see if it goes better this time".

### Curiosity

The adult stays curious about the child's behaviour, interactions and relationships, conveying a wish to understand, often by wondering out loud about the meaning behind their behaviour (without expecting answers).



Example: I wonder if you were wanting more noodles now because your brain remember when there was no food in the house when you were younger and you might be hungry later on.

### Empathy

In being empathic, the adult shows the child that they are doing their very best to understand how things are and have been, and helps the child make sense of and better manage their emotions, thoughts and behaviour.

Example: Saying something that shows understanding when they are distressed such as "I know things are tough right now, but this is a problem we can share together"

source: <https://ddpnetwork.org/about-ddp/meant-pace>

