



Aboriginal Family Support Services Newsletter

March - April 2021

Save the Date!
Connection to Culture
Children's Day

Friday 30 July 2021 10am - 3pm
Parafield Gardens Recreation Centre
Martins Road & Kings Road
Parafield Gardens

Proud in Culture - Strong in Spirit

FREE MORNING TEA - FREE TEA & COFFEE - FREE LUNCH

For more info please contact Barbara Falla, Cultural Officer
Aboriginal Family Support Services - Phone: 8205 1521 Mobile: 0423 050 886
Email: barbara.falla@afss.com.au

Please let us know if you are able to attend and send your RSVP
to Barbara by Monday 19 July 2021

Featuring entertainment for kids and adults alike:
Weaving | Painting | Craft | Boomerang making | Playdough making | Dreamcatcher making | Face
painting | Balloon twisting | Henna tattoos | Seated massage | Jumping castle and more!

 Aboriginal Family Support Services
Together with the community



AFSS Celebrates Harmony Day



On Saturday 20 March, AFSS participated amongst other organisations, in a Harmony day event, which was held at the Northern Sound System in Elizabeth. Managed by two local team members Matt and Jess, with the help of residential support workers, AFSS held two stalls that were open to the public. One stall focused on advertising AFSS through pamphlets, show bags for children to take home and word of mouth conversations. The second stall, which appeared to be highly popular, was an interactive art stall where people could create their own designs of boomerang painting and bracelet making - all in the colours of red, black and yellow. Outside of the stall, two of our young people performed in the choir event in front of a large audience that they had practised weeks leading up to the event. Overall, the event was a success with all 60 Boomerangs painted, all show bags gone and fantastic singing from the young people!



A message from the Chief Executive

We are still continuing to ever-expand here at AFSS.

We are pleased to be able to offer a wide range of services and programs to assure that we maintain our focus and commitment to providing the best service possible to Aboriginal children, families and communities across South Australia.

Our NDIS accreditation is coming along well and I am pleased to say that AFSS has obtained a position on the Panel with (SILS) Supported Independent living Services.

Our Stronger Families Program has also made some significant changes. Over the past decade we have been providing Targeted Intervention Service (TIS) and the Family Preservation Service to Aboriginal families across the state. We have now combined these services and it will now be named IFS (Intensive Family Service).

It is also fabulous to see that we are once again able run our Connection to Culture Children's Day, which will be held at Parafield Gardens Recreation Centre on Friday 30 July. Please see details on the front page of this newsletter if you would like to attend. If you are still interested in having a stall or performance, please contact our Cultural Officer Barb, as there are still some spaces left.

We look forward to seeing you all there and the joy that it will bring to all the children in care.



*Sharron Williams
Chief Executive*



www.afss.com.au

Upcoming Community Safety & Wellbeing Programs - June/July

Seasons For Healing 	Thursdays 10 June - 1 July	10 - 1.30	AFSS Conference Room 21 Washington street Port Lincoln	Corey Slade 8683 1909 0417 255 724
	Tuesdays 8 June - 29 June	10 - 2.00	Kaurna Plains Children's Centre 85 Ridley Road Elizabeth South	Tegan Whalan 8254 1077
Healthy Homes, Resilient Families Routines and Rules 	Wednesdays 9 - 16 June	10 - 2	Hackham Community Centre 72 Collins Parade Hackham	Tegan Whalan 8254 1077
	Tuesdays 22 June - 29 June	11 - 2:30	The Rise Community Centre Shop 5/26 Hamblynn Rd Elizabeth Downs	Aimee Nixon 8254 1077

Volunteers needed for cultural programs!



Kura Yerlo and Kurruru are currently seeking volunteers from the community to assist with cultural events, school holiday programs, our new art gallery, Youth, Elders and Disability programs. If you have a few hours per month to spare and would like to register as a Kura Yerlo volunteer, please phone 8449 7367 or email: reception@kurayerloinc.onmicrosoft.com

Please be advised that it is essential that all Kura Yerlo and Kurruru volunteers MUST have a current police clearance and a Working with Children clearance to be considered for any volunteer positions.

For information on how to obtain these clearances, please contact reception at Kura Yerlo.

Aboriginal and non-Aboriginal people are welcome and encouraged to apply!

You can also go to the Kura Yerlo website for more information in regards to their community programs and services.

<https://www.kurayerloinc.org.au/>

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NDIS Update

Over the last few months, AFSS has made significant progress and is currently finalising the NDIS registration process. Our NDIS Manager Olivia King is available to offer supports to families who are known to AFSS. If you have an NDIS plan, you think you may need one, or know somebody who does, please contact Olivia and her team who may be able to provide you with advocacy and guidance.

Once our registration is finalised, we will be offering many different NDIS services including support coordination, specialist support coordination, mentoring, supports with access to community and increased independence, improvement towards life skills, plan management and other care supports and services.

'Be With Me' New NDIS Project

From our AFSS NDIS team, comes 'Be With Me'. The goal of this project is connecting Aboriginal People With Disability to a more included and fuller life. AFSS sees a need for better support for Aboriginal People With Disability in SA, so that they can better connect them with the essentials and aspirations for a full life where they feel connected, included and well supported.

Late last year AFSS was successful in obtaining a grant through the Mordialta Trust, which has supported the commencement of the pilot 'Be With Me' services, focusing on intensive supports to individuals and families who would benefit from having someone to walk alongside the NDIS journey with them. We are also excited to announce that AFSS has been successful in winning ILC funding through the Department of Social Services 2021-2022 grant rounds which will fund a complete role out of the 'Be With Me' project, with the hope of obtaining future years of funding.

The role of 'Be With Me', is to work as supporters and connectors. In this project, this will look like:

- Connections being achieved by informing and equipping individuals and their families/carers to know what support they may need, understand opportunities and how to connect with them.
- Connections will be developed by educating and preparing service providers, community organisations, governments, educators and employers about how to proactively include people with Aboriginality and disability.
- Support will be provided on the ground to families and Aboriginal People With Disability all across South Australia, our 'Be With Me' workers will work with individuals and families.
- 'Be With Me' creates a lasting legacy of shared

awareness and understanding capable of shaping and changing community attitudes towards Aboriginal People With Disability.

To be able to do this, the project includes:

- Workshop-based and one-to-one supports from connector/trainers who will undertake needs assessment and navigation to supports and opportunities through easy-access information for community, family and individuals.
- Workshops and one-to-one will be held in community all across SA with ongoing support available through video conferencing.
- A community assessment will identify community and social engagement providers/options in each location.

- Video resources created for AFSS YouTube channel and use in workshops and ongoing use by all project participants and the wider community.
- Connections made to local Aboriginal and non-Aboriginal services; community groups and activities; sporting organisations; learning places and workplaces.
- Activities and supports designed to raise participation in social and cultural activities, volunteering, education and learning, and pathways to employment.
- Coaching local organisations and businesses about cultural understanding to increase their capacity to operate inclusively and, very importantly, seek commitments for specific opportunities to connect local Aboriginal People With Disability.

AFSS 'Be With Me' project expects to see the following outcomes:

- Individuals develop knowledge through culturally-grounded workshops where connector/trainers use visual tools and story experience to help Aboriginal People With Disability and families/carers to understand methods for better connections to specific local services and organisations. This will strengthen personal agency for one-on-one sessions with AFSS staff where personal needs assessments result in a connections plan. Placing individuals at the centre better uncovers support needs and aspirations to identify realistic connections. New supports and connections contribute to measurement of personal wellbeing.
- Families and carers are significant supports to guide and influence individuals. Their participation in workshops and one-on-one sessions (if requested by the individual) will advance their awareness of the needs and aspirations of the Aboriginal People With Disability. This is a motivator for them to use new skills to approach activities providers and

support the Aboriginal People With Disability. More knowledge and confidence will increase the quantity, quality and sustainment of new connections.

- Support Organisations, both Aboriginal and non-Aboriginal, will build readiness in cultural inclusion and disability inclusion. This includes how to adapt or widen existing services/ activities to be welcoming to the diverse needs of Aboriginal People With Disability and using cultural context to inform best approaches. For social and community organisations not involved in social service delivery to Aboriginal people or people with disability, this will include how to proactively develop opportunities and invite Aboriginal People With Disability to participate – whether this is a sporting club, learning institution, volunteering organisation or workplace as examples.
- AFSS will embed a connections capability across its multiple programs delivered for Aboriginal people. Training 75+ AFSS staff will see more focus on self-determination for Aboriginal People With Disability. This is a lasting way to create improved connections skills among AFSS staff in regional locations where multi-skilling capability is key to improved outcomes in smaller communities.



Please contact Olivia King for more information:

Olivia.King@afss.com.au

0499 966 614



AFSS Obtains Position on the Panel with SILS

AFSS has been successful in obtaining a position on the panel of Providers for Supported Independent Living Services (SILS) in South Australia. These services will be provided to young people, aged 16-18 who are preparing for independent life after a care experience. The aim of SILS is to provide accommodation, deliver programmatic responses to skills development and individually tailored support to assist young people to transition to adulthood.

AFSS will provide high quality integrated therapeutic practice with the AFSS SILS Model for Aboriginal young people. This model of support focuses on best practices approaches, aimed and tailored to empower young people with the right tools to make a great future for themselves.

Our model will incorporate a range of support styles working together to nurture and teach a young person to develop positive skills in self-determination and emotional regulation whilst they navigate their future and their healing. We look forward to our SILS program rolling out in the coming months.

Stronger Families Program on the move

March 2021 saw some big changes for the AFSS Stronger Families Program.

After over a decade of providing the Targeted Intervention Service (TIS) and the Family Preservation Service to Aboriginal families across the state, we have now seen these programs cease. On 31 March the Department for Human Services (DHS) launched its newly commissioned early intervention service that is to be known as the Intensive Family Service (IFS).

IFS will work with Families where there have been serious concerns raised for the safety and wellbeing of children. IFS will seek to support families to make plans and develop skills that will allow children to remain safely in their care and

prevent the need for ongoing Department for Child Protection involvement.

The referral point for IFS will be a little different from TIS and Family Preservation Service where referrals came directly to AFSS from DCP, schools, services, health and self referrals. New referrals will be made only through the DHS Pathways Service, at least initially. Once the AFSS IFS team receives a referral we will work alongside families to understand the child protection concerns, create goal plans and build networks of support.

AFSS is very excited that the IFS program will be delivered across 13 service areas in South Australia including our current locations and

including a few new areas. In the metro area we will provide services in the Marion, Onkaparinga, Salisbury and Playford areas.

Regionally the IFS program will be available in Ceduna, Coober Pedy, Port Lincoln, Port Augusta, Whyalla, Port Pirie, Copper Coast, Berri, Loxton, Barmera and Murray Bridge.

The Stronger Families Program also continues to provide the Reunification Service across regional SA and metropolitan Adelaide.



AFSS Port Lincoln enhance their understanding for cultural history

On 20 April the entire AFSS Port Lincoln team had the wonderful pleasure of deepening their cultural knowledge around Aboriginal history with veritable giants in this space, Bruce Pascoe and Scott Cane, at the Port Lincoln 2021 SALT Festival.

Bruce identifies as a proud Koori/ Cornish man with links to Tasmania, Victoria and NSW. He is a prolific writer of literary fiction, non-fiction, poetry, essays and children's literature. Scott is an archaeologist and anthropologist who has lived long periods of time with the desert people of Australia providing ancestral evidence to fight many land rights' cases.

They have both spent the greater part of their lives in service to a more accurate perspective on Aboriginal history. They do this by bringing bigger thinking, imagination and awareness of scientific findings that provide and inspire hope for a mutually beneficial future for all Australians. Their collective accolades include award winning books, poetry, documentaries, commissions to preserve Aboriginal language and leadership to the future agriculture/export sectors using Aboriginal food production knowledge in a contemporary setting.

The 'conversation' between Bruce and Scott was surprising, funny, illuminating, frustrating, proud but ultimately hopeful. They touched with some detail on a wide array of interesting story's including but not limited to;

Just how much longer our First Nations people were around compared to the rest of the planet

and how science once said 3000 years but now supports 60,000 years and with a little imagination the possibility of up to 120,000 years ago pre-dating partial ice ages.

Contemplation of the fact that Aboriginal and Torres Strait Islander peoples, the longest existing nations on Earth have co-existed with the environment, overcome natural and modern disasters, for their entire history without major conflict or war. ATSI peoples have always been intrinsically peaceful, welcoming and collaborative.

Regular present day secret traditional ceremony processions of large numbers of people that travel over 6000km from start to end over a few months and covering the area the size of Europe, dwarfing all other religious ceremonies on Earth. Compelling historical evidence in the form of numerous settler journals etc. suggest that systems of food production and land management have been blatantly understated in modern retellings of early Aboriginal history.

WA has the largest combined art gallery (natural or modern) in the world with millions of rock paintings and artefacts.

Early stories suggest the humble whale encouraged the

development of ancient Aboriginal language.

The sophistication of Aboriginal art progressed some 15-20k years ahead of European equivalent face drawings as evidenced by the interpretation of emotion on the faces of peoples depicted in that period.

ATSI people were extremely imaginative and pioneering being the 1st baker's in the world. This evidenced by numerous recovered loaves with diverse natural grains and seeds including water lilly seeds!

Australian (European) agricultural, mineral and economic practices over the past couple hundreds years are now realising their respective un-sustainability. ATSI knowledge, skills and holistic values can and will be a necessary and defining factor for the profitable and sustainable models of these respective sectors into the future.

And what an exciting future it could be if we all (Australians) use our imagination.

Melissa Angus also co-ordinated a number of our resi-house young people to Bruce Pascoes' Young Dark Emu - Author's talk for young people and it was very well received.



Pictured above Toni-Lee Miller (FBC), Bruce Pascoe (Award Winning Author), Glenys Nowak (Stronger Families) and Corey Slade (C.S&W), Scott Cane (Award Winning Author - not pictured)

Current and New Staff Updates



Rebecca Wright, Program Coordinator, New Dreams.

Hi My name is Rebecca Wright, I am a Wiradjuri/Wongji Woman.

I am the new Program Coordinator for the New Dreams Program within the Community Safety and Wellbeing team out at Smithfield.

After an early childhood which saw me move around a lot, my family settled in Port Lincoln, then moved to Adelaide, then out to Ceduna. I have connections to community out on the West Coast including Port Augusta in the Spencer Gulf.

For the last 12 years I was employed as an Employment Consultant where I was undertaking extensive Case Management work both in the Metro, Regional and Remote Outback areas of South Australia.

Prior to my last job, I was based in Mount Isa North West Queensland working for the Aboriginal and Torres Strait Islander Community Legal Services as a field worker and also in Alice Springs in the Northern Territory as a Domestic Violence worker.

I was missing my connection with family too much and this brought me back down to South Australia and into the role of Employment Consultant.

I have a four year old son who keeps me on my toes and his family connections are through the Wirungu/Kokatha People on the Far West Coast of SA.

I enjoy playing Netball and Basketball and generally hanging out with family and friends

I hope that I can make a positive impact on the New Dreams Program and bring to the table skills, knowledge, life experiences and cultural guidance to assist the Case Workers in providing the best possible services to our Clients.



Ebony Marshall, Case Manager, Intensive Family Service, Murray Bridge.

Hi everyone! My name is Ebony Marshall and I am the Case Manager for Intensive Family Services in Murray Bridge.

I am a local Ngarrindjeri woman and am very passionate about helping the communities who are most at risk and being child focussed, and am thankful for the opportunity to bring a program to my local area that focuses on early intervention for families. Prior

to securing my current role I was employed at Housing SA, Murray Bridge for 10 years.

My family consists of my husband Dwayne and our two children, Khirah and Addison, although my chocolate labrador is also considered one of my children. In my spare time I enjoy running and my family and I enjoy ten pin bowling.

I look forward to meeting you all and hope to make a positive impact on the families I get the opportunity to work with.



Melissa Angus, Coordinator, Residential Care, Port Lincoln.

Hi, my name is Mel and I have been the Acting Coordinator of Residential Care for the past 3 months. I have recently become successful in securing the Coordinator of Residential Care position.

I have many years of management experience and a strong background in administration.

I am an animal lover, nature enthusiast and have lived in Port Lincoln for the past 20 years.

I am excited to join the AFSS team!



Sarah Hagan, Community Safety and Wellbeing Facilitator, Smithfield.

Hi my name is Sarah Hagan, I have joined the Community Safety and Wellbeing team as a Facilitator.

I am looking forward to this journey and hopefully getting to meet some of you on my way. I have a passion for wanting to help the Aboriginal community in any way I can and now I am so grateful to have this opportunity. I am from Darwin NT but have been back and forth between Darwin and Adelaide since 2013, but have found my home here in Adelaide, with my best friend and her child plus my extended family.

When I am not at work I have a love for sport, whether it be Rugby League or Aussie Rules, but my biggest love is Basketball. I also love spending time with my friends and family, whom most of have children, so for me right now I get to be the cool aunty as I have no kids of my own.

I am excited for my future with AFSS and look forward to making a positive impact within my team.



Aimee Nixon, Community Safety and Wellbeing Facilitator, Smithfield.

Hello to my new AFSS family. My name is Aimee and I'm excited to be joining the Community Safety and Wellbeing team.

I come from a background of teaching, having spent six years at Ardrossan Area School on the Yorke Peninsula teaching primary and middle school years. I also spent 2019 as a facilitator at SHINE SA where I trained teachers and presented to students in the area of relationships and sexual health.

In my spare time, I enjoy walking my miniature sausage dogs and watching horse racing.

Hopefully I get the chance to meet many of you soon.



Angela Fee (Manager Port Lincoln) and Simon McArthur (Support Worker)

Another 10 Year Achievement from AFSS Staff!

On 18 March, Simon McArthur was presented with his 10 year acknowledgement of employment. Simon works in the residential houses in Port Lincoln and has supported many young people throughout their journey. Simon is also the longest servicing employee in Port Lincoln. I would like to thank Simon for the hard work and dedication he has shown throughout this time.

Congratulations Lisa on your hard work!



AFSS Port Lincoln would like to congratulate carer Lisa Carr for completing her Diploma in Counselling. Lisa surprised us with a gift to say thank you. Lisa states: "The crew assisted me with cultural awareness and understanding, which reflected well in my studies." Well done Lisa, we hope you gain employment soon, in your chosen field.



Seeking a diversity of foster care applicants across South Australia!

Are you passionate about the future of Aboriginal children and young people?

- Are you supportive and understanding?
- Can you help keep young people safe in culture and community?

AFSS is seeking foster carers right across South Australia. We are looking for caring people just like you, who want to play their part in keeping Aboriginal children and young people safe within their community, and who can also provide a safe and loving home.

Fostering could be the greatest challenge you'll ever undertake, but the rewards can be many.

And AFSS is here to help you every step of the way.

The team at AFSS will stand with you, to guide you through the registration process, and support you once you become a foster carer.



For more information in regards to becoming a foster carer in your area, please contact one of AFSS team members below:

Adelaide

Peter Dyer

✉ assessments@afss.com.au
☎ 8205 1500

Ceduna

Michelle Naylor

✉ michelle.naylor@afss.com.au
☎ 8625 3466

Cooper Pedy

Amanda Zelenko

✉ amanda.zelenko@afss.com.au
☎ 8672 3041

Murray Bridge

Rebecca Hansch

✉ rebecca.hansch@afss.com.au
☎ 8532 1790

Mount Gambier

Cheryle Saunders

✉ cheryle.saunders@afss.com.au
☎ 8725 6200

Port Augusta

Deb Merchant

✉ deborah.merchant@afss.com.au
☎ 8641 0907

Port Lincoln

Toni-Lee Miller

✉ toni-lee.miller@afss.com.au
☎ 8683 1909

<https://www.afss.com.au/carers-information>

ILUKA donates play centre to Ceduna Residential Services



In November, AFSS Manager Ceduna Katharine Micka wrote a letter to ILUKA asking for a donation of a play centre. ILUKA staff encouraged AFSS to apply for the Social Investment Grant, which AFSS applied for in February. The application went to the ILUKA Jacinth-Ambrosia Social Investment Committee. The application not only included the play centre, but also the cost of freight and time volunteered to assemble it.

Early in March AFSS was informed that the application was approved. The play centre was ordered and about one week later two huge long boxes arrived with one box weighing almost 78kg and the other 84kg. ILUKA were informed of the arrival and also given the assembly instructions.

John Read started assembling the play centre late March and it was decided that it would be better to construct the play centre in John's shed as there were many pieces. On the 1st of April it was finished to the delight of five children and young people aged between 2 and 9 years. The 9 year old drew John a picture with a thank you note. Quotes for soft fall underneath the play centre are currently being sought.

AFSS would sincerely like to thank the ILUKA Jacinth-Ambrosia Social Investment Committee for approving the grant. The children and young people are enjoying the swings and climbing up the slippery slide. They have also played 'shop' in the cubby house. It is well utilized and giving them much fun.

Thankyou so much.



To support AFSS and buy the latest Entertainment Book please click the following link: <http://admin.entertainmentbook.com.au/orderbooks/9x50254>

Foster and Kinship Care Tips - Taking Care of Yourself

Making time for yourself:

Even 15 minutes each day doing something you enjoy - reading, doing craft, weeding the garden - will help. It might be before the children get up in the morning or after they go to bed, but it's still time for you.

You can also ask your extended family or friends for help so that you can have longer breaks. You might be able to swap looking after children to have a night out or a weekend away. In some parts of Australia, there are camps and activities for carer families. You can find out more about respite options in your area by calling your local family support service or the child protection authority in your state or territory.



Managing your feelings:

It can help to write a journal about your feelings. By looking back at the last week or month, you'll be able to see how far you've come on your caring journey. If you're feeling that you've lost control of your life, it can help to make decisions about the things you can control. For example, just deciding what you'd like to do each day can give you back some feeling of control.

Connecting with others:

You don't have to do this job alone. Spending time with family and friends can remind you that other people care about you and your grandchild. Just having other people around with your grandchild can take the pressure off you. And you can talk to friends and family about what's happening, and ask for help if you need it. One of the upsides of being a Foster or Kinship Carer is being able to make close friendships with people in a similar situation to you. Support groups are a good way to connect with other Foster and Kinship Carers.

Don't be afraid to ask for help when you need it. Most people in your support network would be more than happy to help you out when you need it. Being a carer is hard work so be kind to yourself; don't think you have to do it all on your own.



Health, fitness and nutrition:

If you're fit and well, you're in good shape to be a carer, and you'll probably feel better in yourself too. Regular check-ups with your doctor are important, and dealing with any health problems as they come up is a must. Looking after children can be stressful, but high levels of stress can make it hard to cope. If you're feeling stressed, you could try relaxation exercises like deep breathing and muscle relaxation. Walking is a healthy way to exercise and can also be good for stress.

If you're caring for babies or toddlers, you can take them with you in a pram or stroller. Older children might enjoy going to the park and playing with you or other children. Community sports centres often have group

exercise classes, and many centres offer child care as well. Eating well is an important part of good health. And believe it or not, there are plenty of healthy meals that both you and children in your care can enjoy.

Finding confidence and a positive attitude:

Accepting your role as a Foster or Kinship Carer might take time – that's normal and OK. If you're not feeling very confident about stepping back into the caring role,

there's a lot of information about parenting

children available online. Relationships

Australia is a great source.

<https://www.relationships.org.au>

Parenting Helpline is also free

to call on **13 11 14**

Most important - take the time to enjoy your children.

Take at least 5-10 minutes out of each day and spend quality time with your children and take in all the positives that being a carer can bring. Simple things – seeing your child smile or performing small achievements or just enjoy a hug!



It can help to stop and focus on the positives.

If you can, step back and think about what a great

job you're doing. Or even just congratulate yourself on daily triumphs, like getting the children to school on time. If focusing on the positives seems nearly impossible or if you're having trouble coping with feelings of stress, it might help to talk things over with your GP.



Acknowledgments: This factsheet was developed by Child Welfare Information Gateway based on interviews with Children's Bureau grantees funded through the Integrating Trauma-Informed and Trauma-Focused Practice in Child Protective Service Delivery.





Just for KIDS

We want to see your artwork!

DESIGN YOUR OWN BOOMERANG!



Please send in your finished artwork to 134 Waymouth Street Adelaide 5000 by June 30

Name:

Address:

Phone number:

Story about your design (optional):





Pictured left to right: Chloe Chapman, Lisa Scafidi, Olivia-Jane Baldock, Edwina Crombie, Lloyd Larking and Trish Bockman.

Bingo night in Port Lincoln

Uniting Country Gambling Help Service and the AFSS Aboriginal Gambling Help Service Port Lincoln hosted an informal non-monetary bingo afternoon for community members. The prizes were donated by AFSS Gambling Help Service, Uniting Country Gambling Help Service and Family Based Care program.

The event enabled community to gather together, share stories, have a few laughs and also learn important information about gambling harm. The Family Based Care program was also promoted during the activity.

CREATE Foundation develop an App to help young people transitioning from care

CREATE have developed a free app called Sortli which is designed to support young people transitioning from care to independence. It includes step-by-step guides for navigating some of life's biggest challenges, such as finding a place to live, looking after your health, managing money and finding employment and training.

You can set goals and track your progress with the Goal List, make a budget you can stick to with the Budget Planner, and find contact details for important services with the new Want to talk to someone?

Sortli is available in Victoria, Queensland, South Australia, Western Australia and the Northern Territory. Each version features regularly updated state-specific information to help you find what you need. If you would like to find out more details please click this link:

<https://apps.apple.com/au/app/sortli/id927253683>



Sortli 12+
Klyp



Where to find us

Adelaide

134 Waymouth Street
Adelaide SA 5000
☎ 8205 1500

Berri

23 Denny Street
Berri SA 5343
☎ 8582 3192

Smithfield

39a Anderson Walk
Smithfield SA 5114
☎ 8254 1077

Cross Road

503 Cross Roads
South Plympton SA 5038
☎ 8351 2661

Ceduna

28 Poynton Street
Ceduna SA 5690
☎ 8625 3466

Coober Pedy

Lot 1991 Aylett Street
Coober Pedy SA 5723
☎ 8672 3066

Mount Gambier

68 White Avenue Compton
Mt Gambier SA 5291
☎ 8725 6200

Murray Bridge

67 Adelaide Road
Murray Bridge SA 5253
☎ 8532 1790

Port Augusta

8-10 Victoria Parade
Port Augusta SA 5700
☎ 8641 0907

Port Lincoln

21 Washington Street
Port Lincoln SA 5606
☎ 8683 1909

Please contact Nunkuwarrin Yunti if you wish to enquire about the COVID-19 vaccine. It is available through Nunkuwarrin Yunti. Please note they are not doing vaccinations to people under 50.



Nunkuwarrin Yunti
of South Australia Inc.

COVID-19 VACCINE IS NOW HERE!

Book into one of our clinics to get your FREE COVID vaccine.

 **Vaccine clinic locations and times are listed below.**

 **Phone and speak to medical reception to make an appointment.**

NUNKUWARRIN YUNTI CLINICS: LOCATIONS AND VACCINE TIMES	
WAKEFIELD ST (CITY) CLINIC VACCINE TIMES	BRADY ST (ELIZABETH) CLINIC VACCINE TIMES
WHERE: 182-190 Wakefield St Adelaide SA 5000	WHERE: 28-30 Brady St Elizabeth Downs SA 5113
WHEN: Wednesdays & Fridays	WHEN: Mondays
TIMES: 9am-12pm and 1pm-4pm	TIMES: 9am-12pm and 1pm-4pm
PHONE : 8406-1600	PHONE : 8254-5300

Please call one of our clinics to **BOOK IN FOR YOUR COVID VACCINE**

The COVID -19 Vaccine will protect you, your family and community.

